



What's On

Open Day

We are planning to repeat our Open Event again this year. It is a lovely opportunity for groups to see what others are doing, and to showcase the U3a to the general public. Please think in your groups about what you could contribute, and save the date which is:

Tuesday 22nd September from 2.30pm

Coach Visit to Harlow Carr

Owing to a couple of cancellations there are a few spare places.

!!! Please get in touch to confirm if you would like to come **BEFORE** paying!!!

Tel Liz Walker on: **07748917232**

The Gardening Group has booked a coach to the RHS Garden at Harrogate called Harlow Carr. This visit is open to all Matlock u3a members, and admission to the gardens is **FREE** as we are an affiliated society.

It is on **Monday 10th August. £20pp**

Leaving Slacks 8.45am

Return for approx. 6.00pm

GROUPS' NEWS

History Appreciation



The History Appreciation Group paid a visit to Bramall Hall near Stockport in July and enjoyed a grand day out. Bramall Hall is said to be a superb example of a Tudor Manor House with origins dating back to the Middle Ages. We also enjoyed a walk through the grounds and refreshments before taking a guided tour of the building specifically for our group.

The group meets monthly and we usually look into one topic per meeting, though larger topics may spread over two or three meetings. We do not restrict our interest to any particular period or location and topics this year have included: Napoleon; his wives and women. Spying in Elizabethan England. Chinese Renaissance in the 11th Century. Marie Antoinette. The rise and downfall of Prussia 1600 – 1947. Monastic Granges in Derbyshire and aspects of the world of the Knights Templar.

We usually also manage a visit or two per year, locally or further afield. There is a vacancy for a new member so if you would like to know more, contact Helen Boocock historyappreciation@matlockareau3a.org.uk

Gardening Group.



The gardening group had a delightful visit to Hill Cottage near Ashover on another hot day. We were amazed at the quality of the pots and plants in the garden despite the weather we have been having. It was a small garden, but must have taken a lot of watering!

Quality tea and cakes, delightfully served in best china helped to make a lovely afternoon.

Contact Liz Walker : gardening@matlockkareau3a.org.uk

Archaeology Group



The group had a great morning visiting the Andle Stone, Doll Tor and Rowtor Rocks. As the Andle Stone and Doll Tor were on private land, it was an opportunity to see them, especially the Doll Tor stone circle. Liz gave everyone very helpful sheets about the sites, and led the group over Rowtor Rocks to look at some of the recently discovered rock art.

It was perfect weather for the visit.



We don't have a meeting in August, but will reconvene for a walk led by Kevin Wagstaffe to the site of High Rake lead mines on Tuesday 8th September. Cameron will send more information towards the end of August.

Contact:

Ukulele Group

Owing to my inability last month to spell 'ukulele' emails have not been delivered. If you are interested and have not had a reply, try again!

The Ukulele group will be starting a new beginners' course, along with an improvers course in September. The improvers welcome any folk who used to play guitar and want to get back into music.

Contact Sylvia Pearson at ukulele@matlockkareau3a.org.uk

FOR INTEREST

Fraud Research

**UNIVERSITY OF
LEICESTER**

RESEARCH PARTICIPANTS NEEDED

Are you aged 65 or over?
**Have you experienced fraud by
someone you know or trust?**

We want to hear your story.

I am conducting doctoral research at the University of Leicester to understand how older adults experience and respond to fraud by people they know or trust. This research aims to move beyond simple narratives to understand the complexity of your experiences.

**What's Involved**

- A confidential interview lasting up to 75 minutes
- Choose between in-person (East Midlands), online via Microsoft Teams, or by email
- Share your experiences in a safe, supportive environment
- Your identity will be protected, with all identifiable information removed

**Can You Take Part?**

- You are aged 65 or over
- You have experienced fraud or deception by someone you know or knew (partner, family, friend, or professional)
- Any investigation into the fraud has been completed
- You can speak and understand English fluently
- You are willing to share your experience

Why Your Voice Matters

**Improve understanding of how
fraud affects older adults**

**Inform psychological theory and
clinical practice**

**Support service development &
safeguarding strategies**

Interested in Participating?
Contact: Shannon Edwards
Trainee Clinical Psychologist
DClinPsy Programme - University of Leicester
se220@leicester.ac.uk

*As a thank you for
your time, you will
receive a £20
Love2Shop voucher!*

This research has been reviewed and approved by the University of Leicester Research Ethics Committee: 5266

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